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Effects of Global Warming: Why Seasonal Air Quality Events Are Longer

4 minute read



With the world changing around us, it's becoming more evident that the effects of global warming are making it harder to find moments when we don't have to be concerned about the air we breathe. There's no more "I'll start once allergy season is over" or "let's just get through flu season."

Global air quality events are beginning to overlap, and with concerns about our own health and the health of our families remaining at the forefront of our minds, it's important to understand just how climate change is affecting our Indoor Air Quality and what we can do in our own homes to make sure it's always Healthy Air season.

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Start your Healthy Air journey with one of the 4,500 pros nationwide so you can fill your home with fresh, clean air.

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Discussing the Seasonal Effects of Global Warming

So, what do allergy season, hurricane season, flu season, wildfire season, and other air quality events have in common? Their increased frequency and duration are due to climate change. But how exactly do each of these seasonal events affect the air we breathe? We did a deep dive to find out how global warming is changing everything from spring allergies to the amount of rainfall during a hurricane.

Seasonal Allergies

Seasonal allergies already affect people's health across the country regularly. With the increase in warmer temperatures comes an increase in pollen, which then increases the amount of time you're suffering from seasonal allergies. In fact, [new research](#) from the University of Utah School of Biological Sciences shows that "pollen seasons start 20 days earlier, are 10 days longer, and feature 21% more pollen than in 1990."

Muggy Season

With things like airborne mold contributing significantly to health outcomes like asthma, muggy season is never an enjoyable time, and [the effects of global warming](#) certainly aren't helping. The increased summer temperatures bring about higher humidity levels and, you guessed it, an increased chance of mold exposure in your home.

Hurricane Season

Most people might not consider hurricane season part of their air quality problems, but the amount of rainfall that occurs during a hurricane certainly is. With climate change causing hurricane season to begin [earlier and earlier](#), it's important to be prepared to handle the excess moisture.

Wildfire Season

Another air quality event that isn't as frequently thought about outside of the west coast is [wildfire season](#), but that doesn't mean it has any less effect on your IAQ. In fact, researchers found that, in the western United States, changes in the timing of snowmelt, vapor pressure, and spring rains, brought on by the effects of global warming, are causing a longer wildfire season. This leads to an increase in smoke and smog in the air we breathe, and the effects are being felt nationwide.

Flu Season

Viruses like the flu aren't going away anytime soon, and while the typical response is to wait for flu season to get your flu shot, that just isn't going to cut it anymore. The rapid weather changes that come with global warming [increase the risk of the flu](#), and eliminating viruses from the air you breathe at home becomes even more important.

Weather-Related Air Quality Events Aren't the Only Factor Affecting Your Health

When it comes to the air you breathe at home, it isn't just weather-related air quality events like seasonal allergies that you need to worry about. Environmental impacts like [radon gas](#) and increased home renovations are equally to blame for poor Indoor Air Quality conditions. With these seasonal homeowner tasks to consider (like annual radon testing), there's no denying it—the need for Healthy Air has become more persistent and pervasive than ever before.

There's a large time of year when the focus of many homeowners is renovating their homes. This not only increases the value of your home but also kicks up dust, VOCs, and allergens in the process, causing sniffing, itchy eyes, and more. So, when the weather outside forces you inside, and the poor Indoor Air Quality is making you ill, filling your home with Healthy Air is one of the best ways to combat these effects while your home is under construction.

What many homeowners may not know is that there are year-round concerns that aren't talked about nearly as much as they should be. Radon is often forgotten about but is a naturally occurring, radioactive gas that can lead to devastating health problems if left unchecked. Luckily, AprilAire makes it easy to not only test your home for radon but also mitigate it as well if it's found in your home.

Fortunately, with AprilAire, It's Always Healthy Air Season

So, what's the correlation between these overlapping seasonal air quality events and the environmental impacts from renovations and a lack of radon control? These events are causing poor Indoor Air Quality in your home and leading to negative impacts on your health. Luckily, there's an answer to these issues! AprilAire offers Healthy Air solutions to combat the effects these events can have on your home and health.

With help from Healthy Air solutions like the [AprilAire Healthy Air System®](#), you can fill your home with Healthy Air and not only improve your Indoor Air Quality but also reap the benefits of this award-winning system:

- Better sleep
- Reduced illness
- Alleviate allergies
- Increased value
- Better energy efficiency

There are plenty of times and events that are out of your control, but when life won't give you a breather—AprilAire can. Because if the world is changing, shouldn't your home change with it?

If you're looking for more information on AprilAire and our Healthy Air solutions, [Find a Pro](#) in your area and bring Healthy Air right into your home.

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Find a Pro

Establish a Healthy Home with AprilAire Healthy Air Professionals that care. We have over 4,500 pros nationwide who are ready to help you find the best Healthy Air solutions for your home, no matter what your needs may be. Start your journey with AprilAire.

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- Professional Installations and Maintenance
- Fast and Friendly Local Service

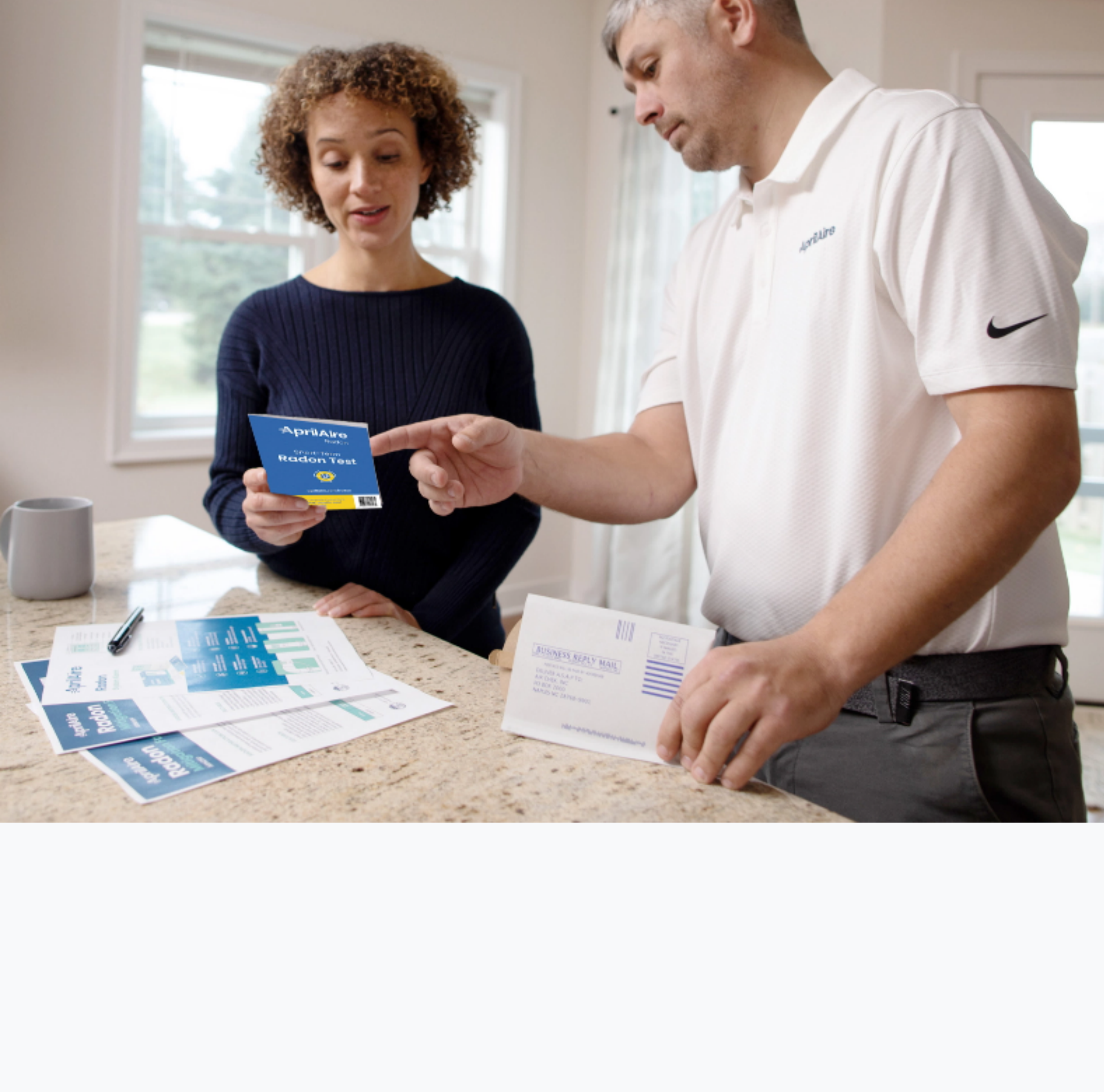
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